

Healing TOGETHER

Healing House's **Family Recovery Program** offers free, compassionate support for families affected by substance use.

No matter where your loved one is in their journey, we're here to help you heal and grow.



Made possible by a grant from:



MISSION STATEMENT

Our mission is to enrich the lives and spiritual well-being of all we serve and improve the safety and welfare of our community by equipping each participant with resources to maintain a healthy, self-sufficient, and purposeful life.

4505 St. John Avenue
Kansas City, MO 64123
(816) 920-7181
www.healinghousekc.org

Updated: 07/2025



FAMILY RECOVERY PROGRAM



Healing TOGETHER

HELPING FAMILIES REBUILD —
ONE STEP AT A TIME

Healing House KC's Family Recovery Program

FOR FAMILIES IMPACTED
BY SUBSTANCE USE

WHAT WE OFFER

Weekly Family Education Workshops

- 12-week rotating curriculum (join anytime).
- Topics like Boundaries, Healthy Attachment, Family Roles, Self-Care, and more.
- Facilitated by trained staff with lived experience and clinical background.

Family Support Groups

- Monthly community events featuring family recovery stories.
- Resource sharing, Q&A, and Narcan distribution.

Support Calls for Families

- Families can speak with a peer about options and get connected to help.
- Support for loved ones currently using, in treatment, or in recovery.

Family Therapy Sessions

- Individualized family sessions with licensed clinicians.
- Focus on healing relationships, structure, and communication.

WHY REFER TO US?

- Evidence-based model designed by DMH & Recovery Lighthouse.
- Open to ALL families, even if their loved one is not in treatment.
- Helps support recovery, reduce stigma, and strengthen families.

WHO THIS PROGRAM HELPS

- Families of individuals struggling with opioid or other substance use.
- Parents, siblings, partners, adult children, and other concerned loved ones.
- Families who feel stuck, exhausted, confused, or hopeless.
- Families who want to help a loved one enter treatment or maintain recovery.
- Anyone impacted by substance use in the family – even if their loved one isn't ready for help.

- 100% Grant Funded—no cost to participants.
- Services available now—no waitlist.
- Walk-In support and immediate access to resources.
- You do not need to have a loved one in treatment to participate—this program is for you.
- Monday–Friday availability.
- Located in Northeast Kansas City.

