Brandon's Story

"If I hadn't come here, I would likely be sitting in jail," Brandon notes. "I lost my truck. I lost my girlfriend. Then, I lost my job and my apartment. It just spiraled down." Finally, when he received three DUIs in one vear, he decided to clean himself up.

"I always believed in God. I sang in the church choir until I was 12 or 13." Although Brandon drifted from his church roots, he held on to his

faith. "I didn't want to come to Healing House at first," he recalls. "But I prayed about it and here I am."

Brandon considered his experiences the worst life could bring and that no one cared. But as he listened to Ms. Bobbie Jo's and others' stories, he thought, "Well, mine isn't that bad. It made me feel at home, more comfortable." Although he planned to stay for 30 days,

Now I make it through difficult situations without using. Now I'm clear-headed!

he decided to "stick around" when he saw so many people bravely facing their challenges. "It was all new to me," he says. "But I was willing to give it a try."

Brandon understands that he has a lot of work ahead of him. But he is learning to take life one day at a time and with the support of his sponsor and others at Healing House, he is learning to be more open. "In the past, I'd grab a bottle if I was having a bad day," Brandon notes. "Now I make it through difficult situations without using. Now I'm clear-headed!"

"The blessings continue to pour in as I strive to do the right thing every day. Thank you, God. And thank you, Healing House!"



Please call us at **(816) 920-7181** or visit www.healinghousekc.org for ways to give.

giving

Because of you...

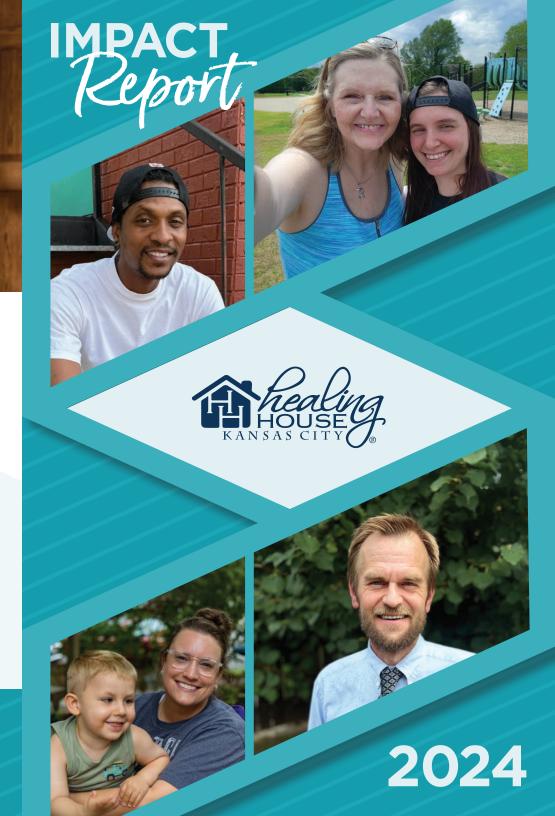
Every person who needs recovery from substance use disorder has access to safe, stable housing and the necessary support services to promote lifelong healing, family reunification and community transformation.



www.healinghousekc.org | (816) 920-7181 4505 St. John Ave. | Kansas City, MO 64123

Find us on social media: Healing House Inc. *Names may have been changed to protect privacy





Robin's Story

Before Robin left the Chillicothe Correctional Center, she needed a home plan. She was relieved when her application to Healing House was accepted.

"I had a good family," Robin recalls. "I spent summers with my grandparents and my mom and aunt were good role models." Still,



Robin was nervous when she arrived at Healing House after prison. "But everyone was kind, and within a week, I felt good; Healing House brought God back into my life," she says. "At 54, I never thought I could live without drinking or using drugs!"

While she looks forward to having her own place, Robin knows it's essential to maintain her relationships at Healing House. "I need the support of people that understand how hard it is," she notes.

Robin credits God, her community, and her 12-Step work for her recovery and her new job. "I thought it would never happen," she remembers. "I prayed, 'God, I'm older and don't have much work history, so please help me.' And he did!"

hope, but now I have faith that it will be all right.

I didn't have much Despite her fears about her new job, Robin discovered she could handle the challenges. She says, "I can do anything I set my mind to!" Her new confidence helped her comfort another

newcomer to Healing House. "I usually don't approach people, but she looked so scared that I introduced myself. It felt like God was nudging me."

Robin wants donors to know what they're doing is important because it changes people's lives. "I didn't have much hope, but now I have faith that it will be all right. I don't know how it will happen, but it will be all right," she says with a smile.

YOUR Impact IN 2024



73,000 Nights of shelter



Participants who received counseling





2,036 Classroom hours for participants



750 Individuals in **Recovery Housing**



62% **Participants** completed goals



80% **Job Placements**



91% **Participants happy** with our program



700 **Participants received** employment services



90% Participants feel they are in better control



People the COC has assisted, with another 2.363 individuals attending COC events

"Let your light so shine before men, that they may see your good works and glorify your Father in heaven." — Matthew 5:16

LIFE-Changing PROGRAMS

RECOVERY HOUSING

Participants in our recovery program rebuild their lives through a personalized, three-step process. First, they begin in a supportive beginner home where they receive essential care and start to establish a stable foundation. From there, they transition to an intermediate home, continuing their progress until they are ready to move into aftercare. Aftercare options include our apartments or their own independent living space. Healing is a unique journey for each individual, so there are no set time limits at any stage of the program, allowing for a smooth transition to a life free from substance use.

OUTPATIENT TREATMENT

Participants receive individualized care designed to meet their unique needs. Depending on their progress and individual requirements, they can engage in either intensive or more flexible programs. Guided by experienced counselors and peer mentors, program activities include substance use education, individual and group counseling, and the development of healthy coping strategies.

RECOVERY COMMUNITY CENTER (RCC)

The RCC provides participants with resources to begin the journey of long-term sobriety and recovery. It also serves as a large meeting hall for over 200 people while hosting various Healing House and community events. The RCC is peer-run, meaning the entire staff is in long-term recovery and understands the needs and wants of participants who enter the doors seeking help.

Resources offered:

- Career Development
- Recovery Programming Classes
- Family Reunification
- Recovery and Community Meetings
- Assistance with Personal Documentation

COMMUNITY OUTREACH CENTER (COC)

The COC hosts meetings for those in recovery and their families and loved ones. Since opening in 2021, several thousand people have received referrals and found life changing recovery.

Find all Community Outreach Center resources and meeting information at: www.healinghousekc.org/the-community-outreach-center.